

C.H.A.T. Prayer

Use this card as a guide to help you pray on your own or as a group.
Start by choosing an amount of time to spend in each section,
using the prompts as a guide.

C O N F E S S

Talk to God about your sin.

*"I said, 'I will confess my transgressions to the Lord.'
And you forgave the guilt of my sin." - Psalm 32:5*

CONFESS PRAYER STARTERS:

- Lord, I have...
 - Father, we have...
 - Jesus, please grant forgiveness for...
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H O N O R

Declare your love and respect for God.

*"Praise and glory and wisdom and thanks and honor and
power and strength be to our God for ever and ever. Amen!"
- Revelation 7:12*

HONOR PRAYER STARTERS:

- praising his wisdom and power
- celebrating his glory on the throne
- looking toward his promised return
- considering his authority and sovereignty