



# The COMMA Method

Passage: \_\_\_\_\_ Date: \_\_\_\_\_

**Context: What is the placement of this passage in the Bible?** *(Choose two or more questions)*

- A. Immediate: What is going on before/after this passage? \_\_\_\_\_  
\_\_\_\_\_
- B. Literary: What kind of literature is this, what is its genre? \_\_\_\_\_  
\_\_\_\_\_
- C. Historical: Audience, Occasion, what do we know about authorship? \_\_\_\_\_  
\_\_\_\_\_
- D. Theological: Where is this passage placed within the larger Bible story? \_\_\_\_\_  
\_\_\_\_\_

**Observations: What is this passage about?** *(Choose three or more questions)*

- A. Who, What, Where, When? \_\_\_\_\_  
\_\_\_\_\_
- B. What theme(s) emerge? \_\_\_\_\_  
\_\_\_\_\_
- C. What are some repeating words or ideas? \_\_\_\_\_  
\_\_\_\_\_
- D. What characteristics of God and/or tendencies of humans do we see? \_\_\_\_\_  
\_\_\_\_\_
- E. Anything Striking: Anything jump out at you or any questions that need to be answered? \_\_\_\_\_  
\_\_\_\_\_

**Message: What are some interpretations of this passage that reflect your observations?**

*(Choose four or more questions)*

- A. What would be the message to the original readers? \_\_\_\_\_  
\_\_\_\_\_
- B. What situations would be similar or different today? \_\_\_\_\_  
\_\_\_\_\_

- C. What message would carry over to today? \_\_\_\_\_  
\_\_\_\_\_
- D. Are there any attributes of God that are being described? \_\_\_\_\_  
\_\_\_\_\_
- E. Are there any NT promises to find hope in? (*Hint, most OT promises are not for the NT Church directly*) \_\_\_\_\_  
\_\_\_\_\_
- F. How does the passage expect humans to respond (i.e. trust, obey, follow, rest-in etc...)? \_\_\_\_\_  
\_\_\_\_\_
- G. Summarize the Biblical message(s) in 10 words or less: \_\_\_\_\_  
\_\_\_\_\_

**Meditation: Interact with God allowing the message to move into your heart** (*Choose two or more questions*)

- A. Have a few separate people read the passage out loud to each other.
  - B. Practice silence together, reflecting or write out what we learn about God in the passage.
  - C. Pray short prayers of praise or thanks using themes or words of the passage.
  - D. Inwardly, or outwardly practice prayers of confession from what the passage reveals about humans.
- \_\_\_\_\_
- \_\_\_\_\_

**Application: What are some responses that the message produces within us?** (*Choose one or more questions*)

- A. What has God, Jesus or the Spirit accomplished to further pursue a relationship with you, as a human in need of him? \_\_\_\_\_  
\_\_\_\_\_
- B. Write down any particular Scripture that the Spirit is leading you to respond to? \_\_\_\_\_  
\_\_\_\_\_
- C. Are you compelled to personally confess any area before God from this passage? \_\_\_\_\_  
\_\_\_\_\_
- D. Are there any perspectives from God that should change your perspective in this world? \_\_\_\_\_  
\_\_\_\_\_
- E. How can we pray for you to grow in deeper trust in the Father, Son or Spirit? \_\_\_\_\_  
\_\_\_\_\_

**Optional: Pray using CHAT (Confess, Honor God, Ask God, Thank God)**