

# NOTES

AUGUST 28 & 29, 2021 | ERIC FERRIS  
**CONNECTION AND DISCONNECTION**

Intentionally \_\_\_\_\_ With People

Intentionally \_\_\_\_\_ From People

Intentionally \_\_\_\_\_ the Race

## **DISCUSSION QUESTIONS** FOR FAMILY, FRIENDS & GROUPS

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- 1) If 1 is extreme introvert and 10 is extreme extrovert, where do you land? How do you think that affects how you interact with church?
- 2) Pastor Eric talked about the rhythm of intentionally connecting with and disconnecting from other people. Which is easier for you and why?
- 3) Read Matthew 28:19-20 and Matthew 4:19. How might the rhythm of intentionally connecting with and intentionally disconnecting from other people help with our primary mission as Christ followers?
- 4) Read Hebrews 12:1. Pastor Eric talked about runners running naked. Why did they do that and how might that inform how we think about running the race of our Christian lives?
- 5) When it comes to the use of social media and phones, there are two categories found in Hebrews 12:1: A) Sin that entangles and trips us up B) stuff that's not necessarily sinful, but it's just unwise or unhelpful in running the race. Make a list of at least five things in each category and discuss.
- 6) Read Matthew 14:22-25; Mark 1:35-37; and Luke 4:38-44. Jesus intentionally disconnected from people to spend time with the Father. What does this currently look like in your life? How do you do it? What stands in your way?
- 7) This past weekend at church was "What's Next?" Weekend. What's your next step?