

AUGUST 14 & 15, 2021 | CLAYTON KEENON

CONFESSION

1 JOHN 1:5-10

How to _____ Your Guilt and Shame

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DISCUSSION QUESTIONS

FOR FAMILY, FRIENDS & GROUPS

- 1) When you were a child, did you ever try to get away with something but didn't? What happened?
- 2) What does it mean that "God is light" (1 John 1:5)? How does that affect how we approach him?
- 3) In 1 John 1:6-10, there are five "if...then" statements. At different times in your life, which of these "if...then" statements has applied to you? What about now?
- 4) Why is self-improvement not enough to deal with guilt and shame? Why is self-affirmation not enough?
- 5) Why does "walking in the light" lead to "fellowship with one another" (1 John 1:7)? When have you experienced that?
- 6) Why do we need to experience being both fully known and fully loved? What happens if we have only one?
- 7) How does the work of Jesus show us that we are fully known and fully loved? Clayton described three different ways of confessing sin. Why is each one important?
- 8) Is there anything you need to confess today?.