

NOTES

INSPIRING STORIES WITH KAY WARREN

INTERVIEW BY JIM NICODEM

Kay Warren, co-founder of Saddleback Church with her husband, Rick, is an international speaker, best-selling author, and Bible teacher who has a passion for inspiring and motivating others to make a difference with their lives. She is best known for more than 10 years as a tireless advocate for those living with mental illness, HIV & AIDS, and the orphaned and vulnerable children left behind. As an advocate, she has traveled to 19 countries, calling on public and private sectors to respond with prevention, care, treatment, and support. Kay is also a board member of the National Action Alliance for Suicide Prevention.

Resources & Support

- If you are struggling with thoughts of suicide, please don't keep them to yourself. Tell someone today; call 1-800-273-TALK (8255) or text 741741.
- We've compiled helpful websites, phone numbers, and mental health information on a resource page at ccclife.org/mentalhealthresources.
- Pastors, elders, and Care Night leaders are available for prayer after service in the Welcome Center.
- Two of Kay Warren's books are available today in our bookstore: *Choose Joy* and the workbook/journal *Journey Towards Hope*.

Notes:

DISCUSSION QUESTIONS

FOR FAMILY, FRIENDS & GROUPS

1. Is there someone with whom you should share the video of this interview?
2. What about Kay's story could you most relate to?
3. What single idea or story most interested you or stuck with you?
4. What did you hear that was unexpected?
5. What connected with where you are at right now?
6. How did you sense God was moving in you as you listened?
7. What action steps do you need to take after hearing Kay's message?
8. If someone who does not follow Jesus asked you to explain this interview, what would you say?