

I'M UNATTRACTIVE

Introduction

1. I bear _____. (Genesis 1:27-28, Psalm 139:14, Colossians 3:10)

2. I am _____ to the Holy Spirit. (1 Corinthians 6:19,20)

3. My _____ is more than _____. (1 Peter 3:3-5a)

4. Everyone is _____ externally but I am being
_____ internally. (2 Corinthians 4:16-18)

DISCUSSION QUESTIONS

FOR FAMILY, FRIENDS & GROUPS

- 1 . If you could change one thing about your appearance, what would it be?
- 2 . If we've been made in God's image, why don't we feel like masterpieces? How is God's image being restored in the life of a Christ follower?
- 3 . What evidences of the Holy Spirit's presence do you observe in your life?
- 4 . Why is there such a focus on body image in today's culture? What are the downsides of this focus? How can we begin to pay more attention to the development of our internal beauty?
- 5 . Why does it help us to recognize that outwardly we're "wasting away"?
- 6 . What is the most helpful truth that you've learned in this study with which to combat the lie that "I'm unattractive"?