

NOTES

GRATITUDE IN RELATIONSHIPS

PHILIPPIANS

Introduction:

1. Thank God for _____. (1:3-8; 4:14-19)

- _____
- _____
- _____

2. Thank God for _____. (2:19-30)

3. Thank God for _____. (4:1-3)

DISCUSSION QUESTIONS

FOR FAMILY, FRIENDS & GROUPS

- 1 . Why do you think grateful people tend to be happy people?
- 2 . Why is it important to thank people for their contributions to your life? Why is it also important to thank God for the people who make these contributions (i.e. in prayer)?
- 3 . Give an example of someone who has supported you in each of the following areas: emotionally; financially; missionally. Stop and thank God for these supporters.
- 4 . Give examples of three people who have been role models for you in three different areas of your life. Stop and thank God of these role models.
- 5 . What can you thank God for with regard to one or two VDPs in your life? How might gratitude change your attitude toward these VDPs and your situation?
- 6 . How could you make expressing gratitude for relationships a more consistent habit in your life (i.e. practical steps)?